

## Plants in my garden – Vincent St.

\* starts available marked with asterisks – check with me first please

- Thyme
- Oregano
- Lavender (I think, not sure)
- Rosemary
- Savory
- Plantain (the “weed”, seeds are like quinoa)
- Dandelion
- Fig tree
- 5 – apples on 1 apple tree: yellow transparent, Gravenstein, Gala, Red McIntosh Transparent, and Fuji; plan to try out grafting onto the straightest branch, a rootstock branch, next spring.
- 1 - Fuji apple tree (late, late season – apples will stay on and good until a freeze)
- 2 – apples on 1 apple tree; yellow transparent and mystery type
- 2 - Gravenstein apple trees
- 1 root stock apple tree – accidentally cut off all the “real apple” branches; plan to try out grafting onto it next spring
- Interlaken green, seedless grapes
- 2 plum trees
- 2 brown, thick skin Asian pears tree
- 1 yellow, thin skin Asian pear tree
- Mystery squash
- Trumpet squash (in killer compost!)
- Tomatoes



- Love-in-a-Mist\*

### Edible

- Oats
- Swiss Chard
- Spinach
- Buckwheat
- Hostas
- Roses
- Kiwi (need a male plant; 3 attempts to grow so far)
- Spiderwort [*Tradescantia ohiensis*]



The herbage may be eaten raw or added to stews. The flowers (which may be either pink, blue or rose-purple) make an attractive edible garnish for salads.

- Elephant Garlic\*
- Strawberries\*
- Raspberries\*
- Evening Primrose (yellow) \*
- Salsify\*
- “Blueberries” (never had berries yet)
- Sunchoke\*
- Peppermint\*
- Spearmint\*
- Pineapple mint\*
- Chocolate mint\*
- Onions\*
- Day Lilies\*

### “Non-toxic”

### Don’t Know/ Maybe

- Camelia Bush – green tea, black tea?
- Cleavers/Goosefoot – seeds had caffeine (emergency source)
- Thistle (like artichoke) – I don’t know – too bitter for me, haven’t figured out right time, season, prep, etc.

### Do not eat! – common weed, be aware of this one

- **Bittersweet Nightshade** [*Solanum dulcamara*]

Poison Berries (grow wild in Philomath, so it’s good to teach it to people to be sure to avoid eating it) - very bitter; will sleep really hard if touch tongue to liquid in berry; eating a whole berry could kill a child. It’s said Cleopatra used controlled doses to give her the dilated pupil, consistent with sexual interest when meeting with foreign dignitaries. Also tomatoes were fed to George Washington in an assassination attempt as they were thought to be nightshade by the inept assassin. Atropa belladonna is the deadly nightshade) and while not good to eat they have many other uses and the atropine and scopolamine is most concentrated in the roots of the nightshade. Belladonna has been used in herbal medicine for centuries as a pain reliever, muscle relaxer, and anti-inflammatory, and to treat menstrual problems, peptic ulcer disease, histaminic reaction, and motion sickness.

